

A PROCLAMATION

National School Breakfast Week

WHEREAS, school-aged children who experience hunger are more likely to be absent from school, visit the school nurse, and experience more learning challenges than children with a nutritious diet, and attending school without breakfast has consistently been linked with worse academic and health outcomes; and

WHEREAS, eating breakfast enhances children's ability to learn and perform academically and nutritionally balanced meals provided at school reduce food insecurity, improve children's overall diets and help to build healthy, lifelong eating habits; and

WHEREAS, the School Breakfast Program, permanently established in 1975, was designed to meet the nutritional needs of school children to promote health, learning, and development and every day, serves breakfast to more than 15 million children across the United States, including 563,000 children in the Commonwealth of Pennsylvania; and

WHEREAS, making breakfast a part of the school day, commonly known as Breakfast After the Bell, and offering breakfast at no cost are effective ways to ensure more students realize the benefits of breakfast; and

WHEREAS, the federal Community Eligibility Provision offers eligible schools the ability to serve breakfast to all students at no cost, while also allowing schools to eliminate paper applications, reduce administrative costs, streamline meal service operations and increase the reimbursements schools receive from federal child nutrition programs; and

WHEREAS, parents, caregivers, teachers, and school food personnel all play an essential role to ensure that children have the basic resources needed to grow, learn, discover their own potential, and live happy fulfilling lives; and

WHEREAS, the School Nutrition Association has named March 2-6, 2026 as National School Breakfast Week to recognize the important role that nutritious meals to school children play in their learning and development.

Now, therefore, the Mayor, in concert with the Council of the Borough of Whitehall, hereby proclaims March 2-6, 2026 as

National School Breakfast Week

and calls upon all residents and businesses to recognize and celebrate school administrators, school nutrition directors, and cafeteria staff who operate school breakfast programs that ensure the health, safety, and success of our children.



James F. Nowalk
James F. Nowalk, Mayor
Borough of Whitehall